

FIND US

Friday Meetings: coffee and breakfast from 10:00 am-12:00 noon at the Well, Chances Maple Ridge, 22710 Lougheed Hwy, Maple Ridge, BC V2X 2V6.

Workshop: Ridge Church north lower entrance, 22155 Lougheed Highway, Maple Ridge, BC V2X 5V3.



JOIN US

Membership is available to anyone 19 years and up who identifies as male, without regard to race, religion, national origin or ability. Annual membership is \$20.

For more info, contact Richard at 778-840-8141 or AlouetteMensShed@outlook.com.

PLAY WITH US

Members get together to have fun, talk, and share activities as diverse as our membership. Come and see what we've got in the works and feel free to suggest new activities.

OUR AFFILIATIONS

The Alouette Men's Shed is gratefully affiliated with the Men's Shed Association of British Columbia (www.bcmensshed.ca) We also acknowledge the instrumental support of the Maple Ridge•Pitt Meadows•Katzie•Seniors Network and its funders.



A space for men to gather, learn and share

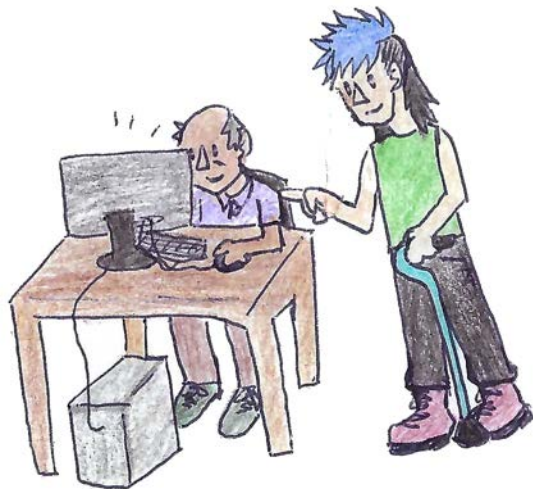


Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



When your partner gently suggests that you find something useful to do....come join the Alouette Men's Shed.

Shed members may participate in a range of activities as diverse as learning about computers,



going fishing, building projects together, or simply gathering for a coffee. Members are protected by liability insurance through our affiliation with the Men's Shed Association of BC. Alouette Men's Shed is supported by individuals, organizations and businesses in our area.

The Alouette Men's Shed is an inclusive group of people open to all who identify as male. We are affiliated with the other men's sheds in BC, each uniquely constituted. A common goal of men's sheds is to promote positive mental health. Member projects vary in scale, scope and complexity. They typically involve wood working, computer usage, dabbling with electronics, repairs, learning opportunities and other activities according to member interests. Blah blah blah.



Our workshop on the lower floor of Ridge Church is open Tuesdays and Thursdays from 9:00 am to 12:00 noon. The door is on the north side of the building, located at the corner of 222 Street and Lougheed Hwy.